

ST. MARK

Lenten Tuneup - Alpha UPDATE

Alpha invites you to a special Lenten prep series to better celebrate Easter February 2024



We reviewed a program offered by Fr. John Riccardo and his ACTS XXIX team out of Detroit called the **Rescue Project**. With basics similar to Alpha (fellowship, meal, video presentation, followed by small group discussions), it starts with the Bible and goes deeper into areas appropriate for Lent.

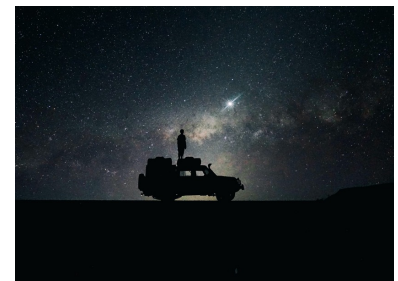
It offers a series of topics about life's important questions ...

- Why is there something rather than nothing - Created
- Why is everything so obviously messed up - Captured
- What has God done about it - Rescued
- How should I respond - Response

When/Where:

Weekly, starting Monday evening February 5, for 8 weeks, at the Cassidy Activity Center (**ST. MARK** Catholic Church, 9970 Vale Road, Vienna, VA.) with a light meal at 6:45 pm. followed by presentation/discussions from 7:30 to 9:00 pm . For more information & sign-up, contact Karen Asta at karenjasta@gmail.com or 703-489-0826.

And for those seeking the ease and comfort of an at-home Rescue Project presentation via a Zoom format on your personal computer, we will offer it on the following Wednesday evenings from 7:30 to 9:00 pm (with the same topics as the Monday program). For details & sign-up, contact Mark Morneau at mark.morneau@gmail.com or 703-620-5101.



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The RESCUE Project

(dates and topics – both live or virtual option)

LIVE - Monday evenings - 6:45 to 9:00 pm -

Cassidy Activity Center

ST. MARK Church 9970 Vale Road in Vienna, VA.



Week #1 (Feb. 5)—Why stories are important.

Week #2 (Feb. 12)—Why is there something rather than nothing?

Week #3 (Feb. 19)—The Enemy is the enemy.

Week #4 (Feb. 26)—It gets worse.

Week #5 (Mar. 4)—What has God done about it?

No session (Mar. 11)—Confirmations at St. Mark

Week #6 (Mar. 18)—What difference does it make?

Retreat: (Mar. 23 - Saturday)—Words are not enough. – What does He want from me?

Week #7 (Mar. 25)—Getting clarity on the mission.

VIRTUAL - the following Wednesday evenings – 7:30 to 9:00 pm – via your at-home personal computer and the ZOOM apt with a sign-in from Mark Morneau, contacted at mark.morneau@gmail.com or 703-620-5101.